



# WILLMAR COMMUNITY SONGBOOK

LED BY  
KASHIMANA AHUA  
COMPOSER-IN-RESIDENCE  
2018 - 2019



AMERICAN  
COMPOSERS  
FORUM

Download your free copy of this songbook at <https://uuchurchofwillmar.org/>

# SONGBOOK



## Foreword

It's not easy to come up with a summary of thoughts on a whole year of work! A day hasn't gone by that I haven't thought of Willmar during this last year. Even after all this, I still feel like I could do so much more. Perhaps it is the composer in me, always wanting to "tweak this or add that." But as I like to think of it, all things must transform in the circle of creativity. It is with humble love and honesty that we present this book.

We have accomplished so much in this short year (although it felt like forever during the winter). Each *In Common* event we held was met with such enthusiasm, joy and warmth, even as we tackled difficult topics. We listened to so many stories and there are still many stories we didn't get to write about, but if you look at the snippets of inspirations section of this book, you will find that many of you still have a lot to write about. It is my hope that you will be as inspired as I was by this project and continue writing with one another, knowing that there is a supportive community of people who want to hear/play what you come up with or adapt. A song in the real world takes on a life of its own as each person adds their interpretation, so feel free to have fun with these songs.

I have learned so much from you all as a writer, composer, and teacher, much of which will stay with me, 'Together Forever' and I know that even when life gets hard, I have an anthem from Willmar spurring me to 'Have Hope.' I was encouraged by your braveness to be vulnerable with one another during this writing process and to share, collaborate, and trust that something would be created and communicated out of our words, experiences, and thoughts. Thank you for this with all my heart, gracias, mahadsanid, asante, dankea and ta-blurrk.

I wouldn't have been able to start and complete this project without the continued support of my husband, James Maranda. Thank you to my mother-in-law, Mary Lou Maranda who watched and took care of Sierra on the days that I couldn't bring her with me to Willmar. Thank you to Sierra, my daughter who has been with me on several trips to Willmar and loved every trip. Thank you to the people who opened your homes to my family, especially Sierra and me, what a way to have a unique first year experience. I know some of you will miss her more than you will miss me, and "I ain't mad at that!" ;) Thank you to Paula Uliseni Halvorson and Kris Kautzman for offering me support in ways that even I didn't know I needed. Just outstanding women that you want to have beside you in an endeavor like this. Bravo!

Lastly, if you would like to add songs/poetry to the online version of this book please message the In Common Willmar Facebook page at <https://www.facebook.com/InCommonWillmar/>

-Kashimana

## About In Common Willmar

Led by composer/performer Kashimana Ahua, *In Common Willmar* has been a yearlong collaborative artist residency that invited the community to explore and celebrate its unique diversity through the sharing of stories and the creation of new songs and poems. Hundreds of people - including children and adults, civic leaders, faith congregations, service organizations, musicians, and artists – came together in new ways to meet as neighbors and to write and sing songs together. No musical or writing experience was required to participate; all were welcome to be part of the activities.

Kashimana Ahua was selected by Willmar community members from among 22 applicants for this project. Born in Nigeria, Kashimana lived in Kenya and Ethiopia and traveled the world before making her home in the Twin Cities. Her songs paint compelling stories of her experiences in Africa, Europe and America, and she loves helping others explore their own creativity. Describing her passion for songwriting, she shares, “it pushes you to look within and outward at the same time.” Kashimana is a graduate of McNally Smith College of Music and holds degrees in Music Production, and also in Composition and Songwriting. She has led songwriting circles and workshops for people of all ages, including the production of an album of original songs with children in the Big Brothers and Big Sisters program. She is a 2019 Cedar Commission artist and 2019 Northern Spark Artist.

## How to Copy, Arrange, and Share with Creative Commons

This Songbook is the tangible result of dozens of activities; the songs and poems created reflect on home and human experience – in general ways and in ways that are special to Willmar. We invite you to bring these new songs into your homes, classrooms, community gatherings and festivals, and we invite you to adapt them to fit whatever voices and instruments are available to you. Because they are licensed through Creative Commons, you may copy, distribute, adapt, and arrange any song in this book for non-commercial use, free of charge. Just follow these three rules:

1. Always include Kashimana Ahua’s name as the songwriter. Credit her in your arrangements, videos, programs, and lyric sheets. Please tag her on social media, too, so she can help spread the word that you’re performing the songs.
2. Keep the music free. These songs must be given away, never sold, and if you post performances online they must be free to access with no paid ads on them.
3. Keep the Copyright and Creative Commons Licenses on the sheet music. All copies and future arrangements need to include Kashimana Ahua’s name and the Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License (see the full license: <https://creativecommons.org/licenses/by-nc-sa/4.0/>).

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## **Acknowledgements**

With our deepest gratitude, we would like to thank everyone who helped to guide, connect, coordinate, and spread the word about this project! We are honored by your generosity of time and spirit.

Kashimana Ahua, Composer-in-Residence  
Paula Ulicsni Halvorson, Community Coordinator  
Kris Kautzman, American Composers Forum

## **Thank you to our partnering organizations:**

Dale Handeen, David Moody, Mary Lou Werner, and Nate Klatt at Unitarian Universalist Church of Willmar  
Britta Diem and the Willmar Community Center  
John Jahr, Naomi Powers-Baker, and the West Central Singers

## **And to so many others:**

Abdirahman Ahmed, Ahmedfowzi Haji Ismail, Anita Flowe, Cathy Bangen, Darcy Lease-Gubrud, Darlene Schroeder, David Moody, Donna Middleton, Dr. Jeffrey Holm, Garrett Aalfs, Gretchen Bam, Janet Olney, Jehana Schwandt, Jennifer Mendoza, Jill Benson, Jim Mitteness, John Salgado Maldonado, Justice Choir, Kathy Torkelson, Kay Slama, Kristin Dresler, Leila Ismail, Lori Lockhart, Loving Arms Daycare, Maggie & Greg Harp, Margaret Disantos, Mayor Marv Calvin, Melissa Wilson, Nagi Abdullahi, Neal Haugen, Otto Bremer Trust, Pastor Naomi Mahler, Patrick Beierman, Ridgewater College Multicultural Club, Ron Ferguson, Sarah Swedburg, Shelby Lindrud, Sue Dyer, Sue Michelson, Tammie Knick, Taya Mergott, Terry Brau, Tony Looking Elk, and Vicki Davis.

## **About the American Composers Forum**

The American Composers Forum (ACF) enriches lives by nurturing the creative spirit of composers and communities. Through commissions, grants, mentorships, performances, publications, residencies, and hosted gatherings, we provide innovative opportunities for composers and their music to flourish, and we link communities and composers through creation, connection, and engagement. ACF facilitates an ecosystem that reflects the diversity of our world, and we partner with a variety of creative musicians and organizations to develop the next generation of new music creators, performers, and advocates. Visit [www.composersforum.org](http://www.composersforum.org) for more information.

This project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

# SONGBOOK



Bubble of Light  
Song and Poetry Circle at Unitarian Universalist  
Church of Willmar

December Nights  
The Choralaires & Calvary Lutheran  
Intergenerational Group

Destination Playground  
“Celebrate Art Celebrate Coffee” Writing Session

Food! You Got Me in My Feelings  
Willmar Senior High School - The Choralaires

Forgot My Homework  
Roosevelt Elementary 5th Graders

Somali Proverb One

Give Positive  
Calvary Lutheran Intergenerational Group &  
Kennedy Elementary 5th Graders

Growing Up  
Willmar Senior High School - The Choralaires

Have Hope  
Kennedy Elementary 5th Graders

Heart Beat  
Drum Circle Group at Willmar Community Center

In Another World  
Roosevelt Elementary 5th Graders

Life is Hard  
Roosevelt & Lakeland Elementary 5th Graders

Light Up Your Day  
Lakeland Elementary 5th Graders

Looking for Answers  
Students at Ridgewater College

People Running in the Sun  
Lakeland Elementary 5th Graders

When We Meet on the Street  
Participants at “For The Love of Poetry” Open Mic

Planting Seeds of Love  
Calvary Lutheran Intergenerational Group

Sailing, Sailing  
Roosevelt & Lakeland Elementary 5th Graders

Seasons  
Kennedy Elementary 5th Graders

Shining Stars  
Roosevelt Elementary 5th Graders

Still the Same  
Willmar Senior High School - The Choralaires

Stop the Snow  
Roosevelt Elementary 5th Graders

Take Me Home to Minnesota  
Calvary Lutheran Intergenerational Group

Tear it Up  
Participants of Willmar Library Workshop

The Other Side of Fear  
“Meet Your Neighbors” at The Goodness Coffee House

Somali Proverb Two

Together Forever  
Roosevelt Elementary 5th Graders

Vroom Vroom  
Kennedy and Lakeland Elementary 5th Graders

Where I Come From  
Students at Dream Technical Academy

# Bubble of Light

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Song and Poetry Circle at Unitarian  
Universalist Church Of Willmar

Kashimana Ahua  
Composer in Residence  
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Folk ♩ = 100

A A A E

I can see you in the bub - ble my friend. See you in the  
I can feel you in the warmth of my heart. Feel you in the  
I ce - le - brate all of your being. Ce - le - brate

5 A D

bub - ble my friend, in a bub - ble of light  
warmth of my heart, in a cir - cle of gold  
all of your being, oh! I feel your touch I

7 A A E

shin - ing bright, I can see you in the bub - ble my friend.  
pre - cious to hold, I can feel you in the warmth of my heart.  
love you so much, Yes, I ce - le - brate all of your being.

Xumbada iftiinka

Waxaan kaa dhex arkaa Xumbada iftiinkeeda Saaxiibkaygow  
Kaa dhex arkaa Xunbada Saaxiibkaygow  
Xumbada iftiinkeeda dhexdeeda dhalaal iftiin badan  
Waxaan kaa dhex arkaa xumbada inftiinkeeda saaxiibkeygow

Waxaan kaa dhex dareemayaa diirimaadka wadanahayga  
Kaa dhex dareemayaa diirimaadka wadnahayga  
Isku duubnida dhexdeena qaali igu ah hanashadaada  
Waxaan kaa dhex dareemayaa diirimaadka wadanahayga

Waxaan u dabaaldega jiritaankaaga (Noloshaada oo dhan)  
Waxaan u dabaaldega jiritaankaaga  
Oh! Waxaan dareemayaa taabashadaada aad baan kuu jeclahay  
Xaqiiq! Waxaan u dabaaldega jiritaankaaga

Burbuja de luz

Te puedo ver en la burbuja mi amigo  
Te veo en la burbuja mi amigo  
En una burbuja de luz brillando  
Te puedo ver en la burbuja mi amigo

Te puedo sentir en el calor de mi corazón  
Te siento en el calor de mi corazón  
En un círculo precioso para sostener  
Te puedo sentir en el calor de mi corazón

Celebro todo tu ser  
Celebra todo tu ser  
¡Oh! Siento tu caricia, te quiero mucho  
¡Sí! Celebro todo tu ser



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# December Nights

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

The Choralaires and Calvary Lutheran Intergenerational Group

Kashimana Ahua ©2019

Composer in Residence

Music score for "December Nights" in E major, 3/4 time. The score is written for a single melodic line with lyrics underneath. Chord symbols are provided above the staff.

Chord symbols: E7, A, D, A, E7, A, F#m, A, E7, D, A, E, D, A, E, D, A, E7, F#m, Bm, E7.

Lyrics:

De - cem - ber nights, twink - ling lights. Hearts Filled\_ with  
joy to - night. Be - ing with fam' - ly this time of year, brings me  
lots\_ of - joy - ful cheer. A - round the fire,\_ my heart de -  
O - pening pre - sents a - round the  
sires\_ to sing the songs of the an - gels' choir.\_ Stand -  
tree.\_ There's no - where else\_ I'd rath - er be.\_ Giv -  
ing be - neath the mis - tle toe.\_ Look - ing at the win - ter snow.\_  
ing thanks for ev - er - y one,\_ from the old\_ to the young.\_  
Watch - ing the lights\_ blink slow.\_  
Watch - ing their fa - ces glow.\_



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# Destination Playground

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Kashimana Ahua

Composer in Residence

Celebrate Art Celebrate Coffee Writing Session

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1 C Dm Dm C

Tum tum tum tum tum tum tum tum tum tum tum tum

3 C Dm Dm Am

Tum tum tum tum tum tum Tum tum tum tum tum tum There's a

5 C Dm Dm C

new place in town for ev' - ry child a - round. It be -

7 C Dm Dm Am

longs to you and me for all a - bi - li - ties.

9 C Dm G C

Come with me Dest - i - na - tion play - ground.

11 C Dm G C

Hap - py and free Dest - i - na - tion play - ground.

13 Am C

Heads, Hearts, Hands, to - ge - ther with a plan. The  
Spin, Swing, Run, laugh - ter joy and fun. It's



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dream came true in our com - mu - ni - ty.  
a com - mon place to join in u - ni - ty.

Repeat chorus again with people saying welcome in many languages - Welcome, Bienvenido, soo dhowow, Karibu, willkommen, afwan, welkom, bienvenue, msugh ne

### Fagaaraha Ciyaarta

#### Hooris

Waxaa jira meel cusub oo Magaalada ah  
Oo loogu tala galay caruurta oo dhan  
Waxaa iska leh aniga iyo adiga  
Dhamaan Awoodeena  
Kaalay oo isoo raac  
Fagaaraha Ciyaarta  
Farxad iyo xornimo  
Fagaaraha Ciyaarta

#### Beydka 1

Madax, Qalbiyo, Gacmo  
Wada jir qorshe leh  
Riyadiina Way rumowday  
Bulshadeena dhexdeeda

#### Hooris

#### Beydka 2

Is Wareejin leexaysi orod  
Qosol, farxad iyo madadaalo  
Waa meel bartilmaameed ah  
Aan ku biirno si wadajir ah

### Parque de juegos “Destination”

#### Coro

Hay un nuevo lugar en la ciudad  
Para cada niño alrededor  
Te pertenece a ti y a mi  
Para todas las capacidades  
Ven conmigo  
Parque de juegos “Destination”  
Feliz y libre  
Parque de juegos “Destination”

#### Verso 1

Cabeza, corazones, manos  
Juntos con un plan  
El sueño se hizo realidad  
En nuestra comunidad

#### Coro

#### Verso 2

Gira colúmpiate corre  
Risa alegría y diversión  
Es un lugar común  
Para juntarse en unidad

#### Coro x 2

## **Food! You Got Me in My Feelings (Rap/Spoken Word)**

Willmar Senior High School - The Choralaires  
Kashimana Ahua Composer in Residence ©2019

Walking out the street, out my front door  
Going to the market, to get some s'mores  
They had some samples, so I took four,  
I'm a food fighter, so give me more

Chorus

Food! you got me in my feelings  
Food! You got that yummy feelings

I go to the frozen section, to find a cure  
I'm looking for something, rich and pure  
If I ain't got food, I'll be in a food mood  
So make it snappy before I get rude

Chorus

Food! you got me in my feelings  
Food! You got that yummy feelings

Bridge

Dairy queens, bananas I can never get enough  
Pizza ranch, fluffy pancakes, I'll eat everyday  
I'll travel the world to taste best donut  
Food is life in Willmar Today

Chorus

Food! you got me in my feelings  
Food! You got that yummy feelings



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## **Forgot My Homework (Rap/Spoken Word)**

Roosevelt Elementary 5th Graders

Kashimana Ahua Composer in Residence ©2019

I woke up in the morning  
I slept very well  
I'm going to go school  
I'm going to do so well

I grab my backpack and head to the bus  
I get on the bus and I see my friends  
I say "hey! How you doin'?"  
They say "I'm doing just Great!"

I get to my school  
I get my stuff  
And I get off the bus  
Then I make big sigh  
"Oh No! I forgot my homework! Ugh! X 2

### Verse 2

I'm gonna get in trouble  
I feel so bad  
Do I go to the teacher and explain  
How I lost my homework?  
IDK (I don't know)  
Can I maybe do it in hurry before class?  
Oh no the bell is ringing and I tell my friends  
The look at me shocked, they forgot theirs as well

We hang our heads low as we come into class  
Whispering wow we got to come up with something fast  
So we decide to tell a tale of our harrowing dash  
Filled with twists and turns and a homework tornado  
We think we're safe but the teacher turns to us  
"That is quite a tale but you know what's missing?"  
Your homework today which I should be grading

"Oh No! I forgot my homework! Ugh! X 2  
I'm sorry teacher I'll bring it tomorrow.



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IN  
CO —

*Brothers and Sisters who hate  
each other will increase the  
number of graves and decrease  
their wealth.*

*Walalo is nacao weey xabalo  
badiyan weyna xolo yareyaan.*

— MM  
ON

# Give Positive

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust, Kashimana Ahua  
 Calvary Lutheran Intergenerational Group  
 & Kennedy Elementary 5th Graders  
 Composer in Residence  
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Swing ♩ = 95

**Verse 1**

A A A

I learned some-thing great to-day at

4 A G 3 F G

school.\_\_\_\_ Help - ing teach-ers and friends out is cool.\_\_\_\_

7 A A G F G

Ev'-ry one needs a help-ing hand. Being a role mo-del is real-ly grand.

11 A A G F G

Sit-ting with some one new on the bus. En-cour-ag-ing friends not to cuss.

15 A A G F G

We can all do our part to make ev' ry day a great start.\_\_\_\_ You have

**Chorus**

19 D E D E

more to give by being pos-i-tive. You have more to give by being pos-i-tive. You have

23 D E A7 G7 F#7

more to give by being pos - i - tive. So be pos - i - tive.\_\_\_\_\_



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27 A A

**Verse 2**

29 A A G 3 F G

Life is full of sweet ad-ven-tures E-ven when life is bad sad or un-sure\_\_\_\_\_

33 A A

Fam - i - ly and friend - ship brings us to - ge - ther

35 G F G

Love and pos - i - tiv - i - ty\_\_\_\_\_ can be a life sav - er You

**Chorus**

37 D E D E

have more to give by being pos-i-tive You have more to give by being pos-i-tive You have

41 D E A7 G7 F#7

more to give by being pos - i - tive So be pos - i - tive\_\_\_\_\_

45 A A

Da lo positivo

Verso 1

Aprendí algo fascinante hoy en la escuela  
Ayudar a los profesores y amigos es genial  
Todos necesitan una mano amiga  
Ser un modelo a seguir es realmente importante

Coro

Tienes más para dar siendo positivo x 3

Verso 2

Sentado con alguien nuevo en el bus  
Alentando a los amigos a no maldecir  
Todos podemos hacer nuestra parte  
Para hacer de todos los días un gran comienzo

Coro

Verso 3

La vida está llena de dulces aventuras  
Incluso cuando la vida es mala, triste o insegura  
Familia y amistad nos une  
El amor y la positividad pueden ser un salvavidas

Coro

Dhiiri gali

Beydka 1

Maanta waxaan iskuulka ka bartay wax wanaagsan  
Caawinta macalimiinta iyo saaxiibada waa wax wanaagsan  
Qof kasta wuxuu u baahan yahay gacan qabasho  
Inaad noqotid tusaale door ah waa mid weyn

Hooris

Wanaagaaga badan baa horseedi kara wanaag badan

Beydka 2

La fariisiga qof cusub baska dhexdiisa  
Ku dhiiri galinta saaxiibadaa ineysan caytamin  
Dhamaanteen waan sameyn karna qaybteena  
Si ay maalin kasta ugu bilaabato maalin wanaagsan

Hooris

Beydka 3

Noloshu waxay leedahay macaan iyo waxyaabo badan oo xiiso leh  
Xitaa haday noloshu tahay mid xun, murugo ah, ama aadan hubin  
Qoyska iyo Saaxiibtinimadu waa waxa isku keen soo jiidaya  
Jacayl iyo wanaagguna wuxuu noqon karaa badbaadiye nololeed

Hooris

# Growing Up

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Kashimana Ahua

Composer in Residence

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Willmar Senior High School - The Choralaires

## Ballad

1 F Am G G

They see\_ what\_ we wan-na\_ be\_ What's in - side they will nev - er see\_ Grow -

5 F Am G G

- ing up, step - ping up\_ be-fore I was read - y. Es - cap -

9 Am F C G

- ing my\_ re - al - li - ty\_ in-side\_ my dream I'll reach\_ hap - py. My In -

13 Am F C G

- o - cence is res - o - nance.. My es - cape is\_ my song\_ lyr - ics\_ Three\_

17 F Am G G

\_ years old, lit-tle did I know, I would\_ be where I am\_ to - day..

21 F Am G F

Grew up\_ in\_ a hap - py home\_ but they\_ built me\_ strong, strong\_

25 F Am G G

\_ e - nough to han - dle\_ the chal - leng - es I face. Es-cap -



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29 **Am** **F** **C** **G**

- ing my re - al - li - ty in-side my dream I'll reach hap - py. My In -

33 **Am** **F** **C** **G**

- o - cence is res - o - nance.. my es - cape is my song lyr - ics..

37 **F** **Am** **Bb**

I'm old - er now, I found my sound with-in

43 **G** **Bb** **Em7** **Fmaj7**

my es - cape. I found my place. My in - no - cence bro - ken new. Es - cap -

47 **Am** **F** **C** **G**

- ing my re - al - li - ty in-side my dream I'll reach hap - py. My in -

51 **Am** **F** **C** **G** **Bb F C**

- o - cence is res - o - nance.. my es - cape is my song lyr - ics..

Creciendo

Ellos ven lo que queremos ser

Nunca verán lo que hay dentro

Creciendo, madurando antes de que estuviera listo

Coro

Escapando de mi realidad,

Dentro de mi sueño alcanzaré lo "feliz"

Mi inocencia es resonancia

Mi escape es mi letra

3 años, poco sabía

Estaría donde estoy hoy

Crecí en un hogar feliz

Pero me hicieron fuerte,

Lo suficientemente fuerte para manejar

Los retos que enfrento

Coro

Escapando de mi realidad,

Dentro de mi sueño alcanzaré lo "feliz"

Mi inocencia es resonancia

Mi escape es mi letra.

Puente

Soy mayor ahora

Encontré mi sonido

Dentro de mi escape

Encontré mi lugar

Mi inocencia está rota

Coro

# Have Hope

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

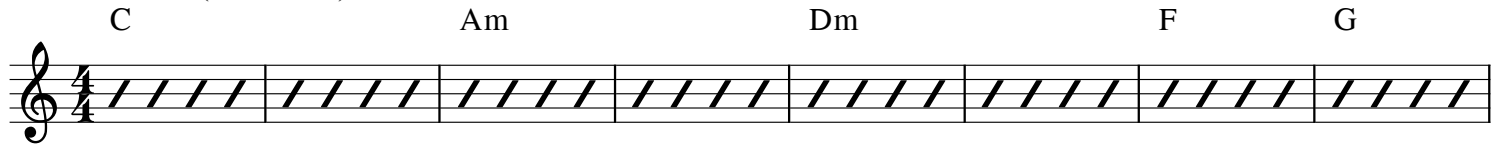
Kashimana Ahua

Composer in residence

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Kennedy Elementary 5th Graders

**Moderato** (♩ = c. 108)



## Verse



Life can sometimes bring us down and fear can keep us on the ground. Some - times we get ner - vous  
Life can be a roll - er coast - er. Feel - ing ex - posed as you go fast - er You might feel you need a he -

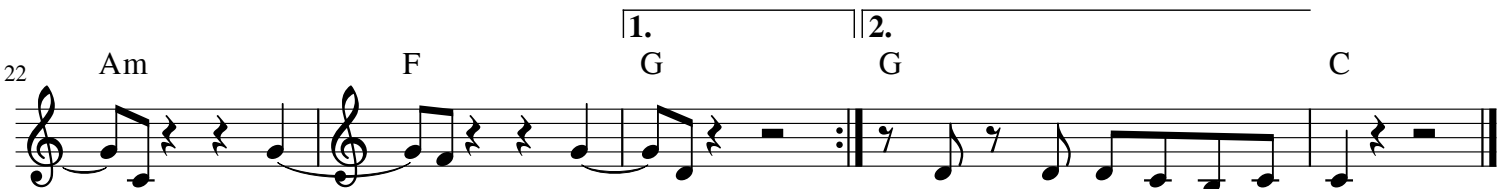


try - ing to cope but don't des - pair and nev - er lose hope.  
ro to hold you up but e - ven at the worst have hope

## Chorus



Nev - er give up e - ven when life is sca - ry. Nev - er give up ev - en when things are hard.. Have Hope. Have



Hope. Have Hope. Have Hope. Hope. (and nev - er give up.)



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### Ten Esperanza

La vida a veces puede derribarnos  
Y el miedo nos puede mantener en el suelo  
A veces nos ponemos nerviosos tratando de hacer frente  
Pero no desesperes y nunca pierdas la esperanza

Coro

Nunca te rindas  
Incluso cuando la vida sea aterradora  
Nunca te rindas  
Incluso cuando las cosas sean difíciles  
Ten esperanza x 4

Verso 2

La vida puede ser como una montaña rusa  
Sintiéndote expuesto a medida que avanza más rápido  
Podrías sentir que necesitas un héroe para sostenerte  
Pero incluso en lo peor, ten esperanza

Coro x 2

¡Y nunca te rindas!

### Rajo Lahow

Mararka qaar nolashu hoos bay noo dhigtaa  
Cabsiduna dhulkay kugu xajin kartaa  
Mararka qaar waxaan dareenaa wel wel inagoo isku dayayna inaan la qabsano  
Balse ha niyad jabin hana lumin RAJADA

Hooris

Marnaba ha niyad jabin  
Xitaa hadii ay noloshu cabsi leedahay  
Marnaba ha niyad jabin  
Xitaa hadii ay xalaadu adag tahay  
Rajo Lahow x4

Baydka 2

Noloshu waxay noqon kartaa sida giraan wareegta  
Waxaadna dareemaysaa nugayl marka xaawaraha giraantu dheereyso  
Waxaad laga yaabaa inaad dareentid inaad u baahato halyeey kor kuu qaada  
Xitaa marka xaaladu xun tahay Rajo lahow.

Hooris x 2

Waligaana Ha Niyad Jabin!

## **Heart Beat (Spoken word)**

Drum Circle Group at Willmar Community Center  
Kashimana Ahua Composer in Residence ©2019

Circle Circle,  
Circle Circle Round

I got a beat, a beat in my heart  
I got a drum, so I've begun,  
to really feel the beat in my heart

They say if you can sing it, then you can play it.  
I don't know if I got the skill but I can try  
cause I have a heart  
There is a drum for everyone

In the drum circle, if you can say it  
then you can play it

These hands are what I have  
The sound makes me smile  
I enter a groove that gets into my soul  
I feel a rush when I get in sync

In the drum circle  
If you can say it then you can play it  
If you got a heart beat  
then you can hit it

Circle Circle  
Circle Circle Round



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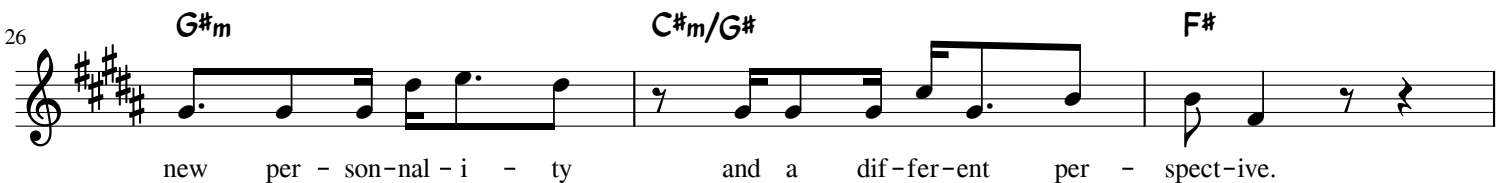
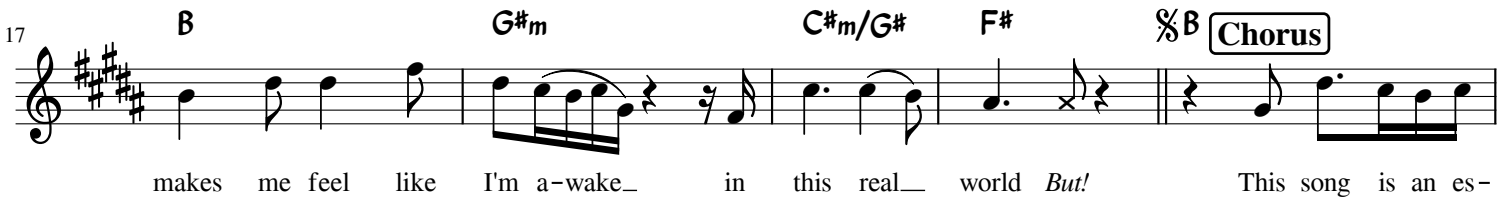
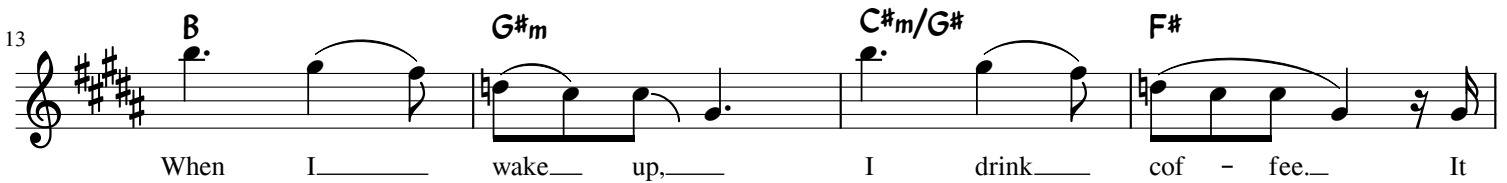
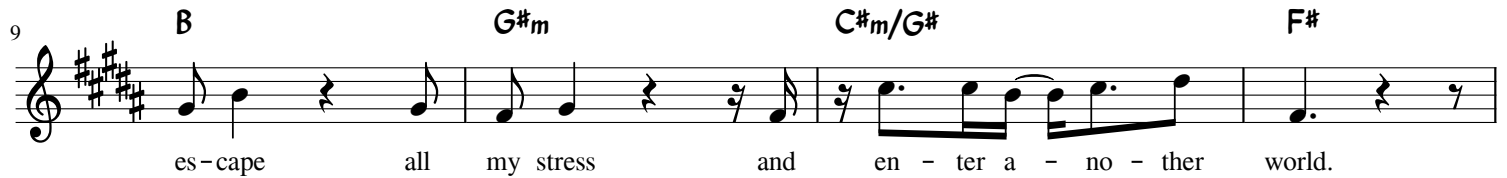
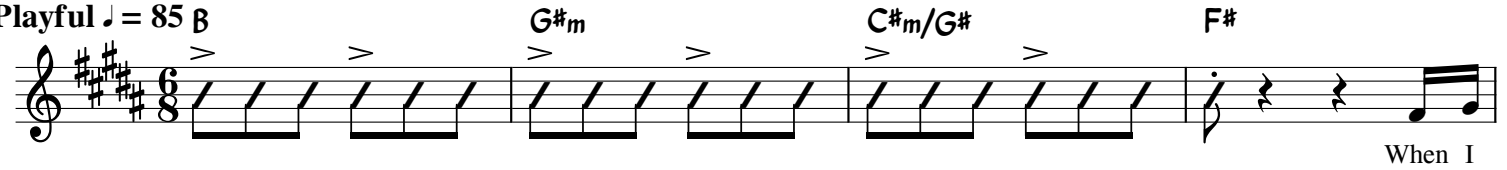
# In Another World

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust. **Kashimana Ahua**  
Composer in Residence

Roosevelt Elementary 5th Graders

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Playful ♩ = 85 ♩



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29

B G#m C#m/G# F#

In an - oth - er world oo\_ oo\_ In an - oth - er world Oo oo ooo\_

33

B G#m C#m/G# F# To Coda

In an - oth - er world Oo\_ oo\_ In an - oth - er world ooo ooo Eve-

## Verse 2

37

B G#m C#m/G# F# B

ry day I play fort-nite. It's my fa-vor - ite hob-by. I don't know where I

42

G#m C#m/G# F# B

am but I'm where my thoughts can't fol - low. De - feat all the

46

G#m C#m/G# F# B G#m

play - ers\_ and send them back to the lob - by\_ I feel out of place; when I'm

51

C#m/G# F# D.S. al Coda B G#m

done I feel a lit-tle hol - low. But\_ oh oh In an - oth - er world oo\_ oo\_

55

C#m/G# F# B G#m C#m/G#

In an-oth-er world Oo oo ooo\_ In an-oth-er world Oo\_ oo\_ In an-oth-er world

60

F#

ooo ooo

# Life is Hard

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Roosevelt and Lakeland Elementary 5th Graders

Kashimana Ahua ©2019

Composer in Residence

**Funk**

**Chorus** E<sup>9</sup> E<sup>9</sup> F#<sup>9</sup> E<sup>9</sup>

Life is hard, so get on through it. Don't be a - fraid to just do it.

**Verse**

5 E<sup>9</sup> E<sup>9</sup>

Wak - ing up in the morn - ing, don't want to get up.

7 E<sup>9</sup> E<sup>9</sup>

Tests are hard and they can be chal - leng - ing.

9 A<sup>7</sup>

Ma - ny things to be learn - ing; it ne - ver stops.

11 B<sup>7</sup>

Some - times it is - n't eas - y; we keep on try - ing.

**Chorus** E<sup>9</sup> E<sup>9</sup> F#<sup>9</sup> E<sup>9</sup>

13 Life is hard, so get on through it. Don't be a - fraid to just do it.

**Rap** E<sup>9</sup>

17 School is real - ly tough but it'll get e - ven hard - er.

19 E<sup>9</sup> F#<sup>9</sup>

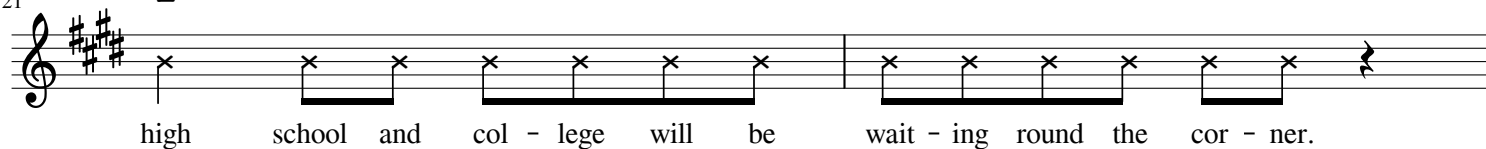
When you get to mid - dle school you'll have to aim high - er.



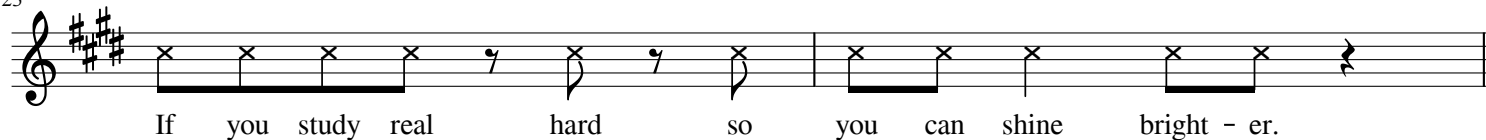
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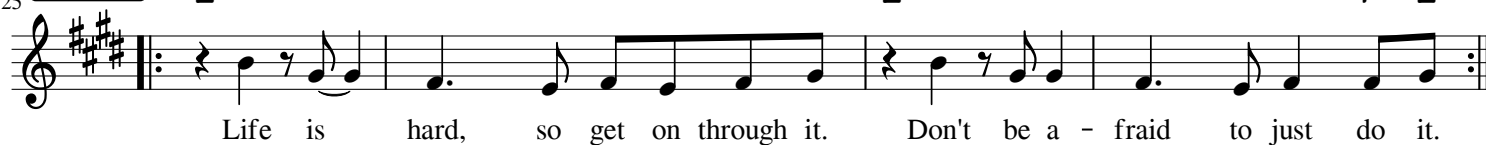
21

E<sup>9</sup>

23

E<sup>9</sup>F#<sup>9</sup>

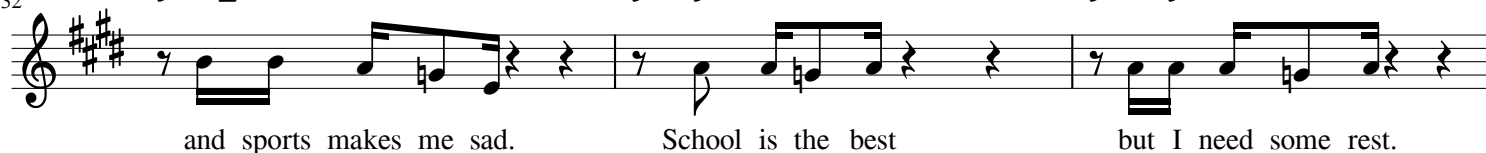
25

**Chorus**E<sup>9</sup>E<sup>9</sup>F#<sup>9</sup> E<sup>9</sup>

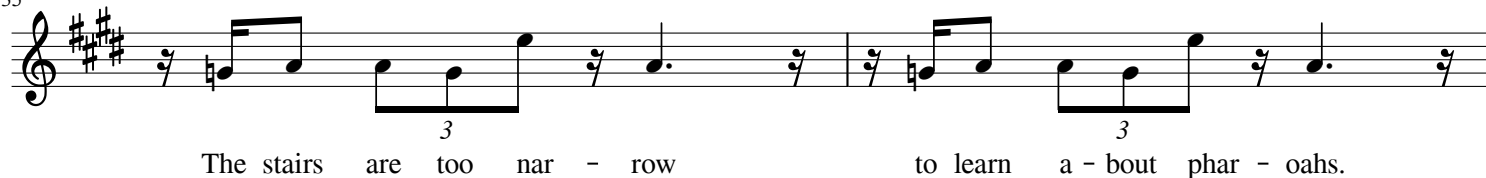
29

**Bridge**D#<sup>9</sup> E<sup>9</sup>D#<sup>9</sup> E<sup>9</sup>D#<sup>9</sup> E<sup>9</sup>

32

D#<sup>9</sup> E<sup>9</sup>D#<sup>9</sup> D<sup>9</sup>D#<sup>9</sup> D<sup>9</sup>

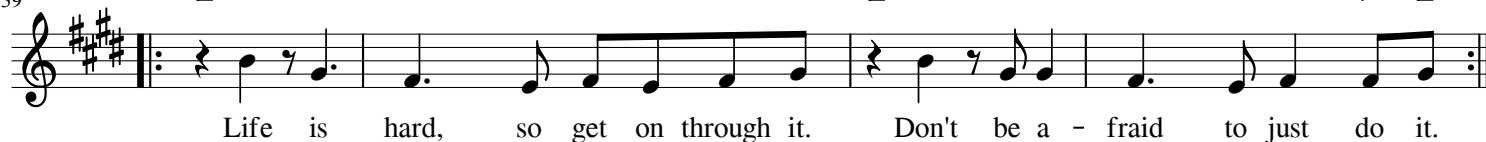
35

D#<sup>9</sup> E<sup>9</sup>D#<sup>9</sup> E<sup>9</sup>

37

B<sup>7</sup>A<sup>7</sup>

39

**Chorus**E<sup>9</sup>E<sup>9</sup>F#<sup>9</sup> E<sup>9</sup>

# Light Up Your Day

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Lakeland Elementary 5th Graders

Kashimana Ahua  
Composer in Residence  
© 2019

Moderate ♩ = 80

## Chorus

G

B♭



2

C

B♭

G

B♭



4

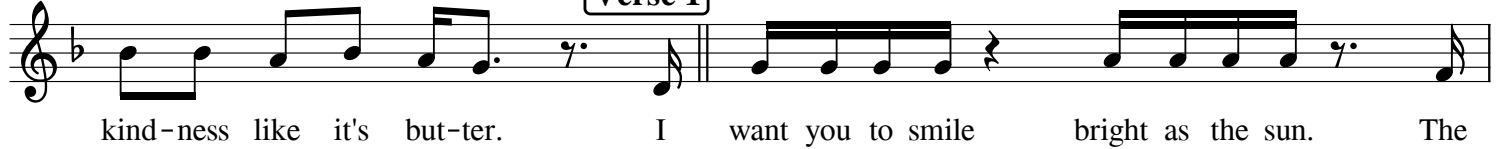
C

B♭

## Verse 1

G

F



6

B♭

C



## Chorus

G

B♭

C

B♭



9

G

B♭

C

B♭



## Verse 2

11

G

F

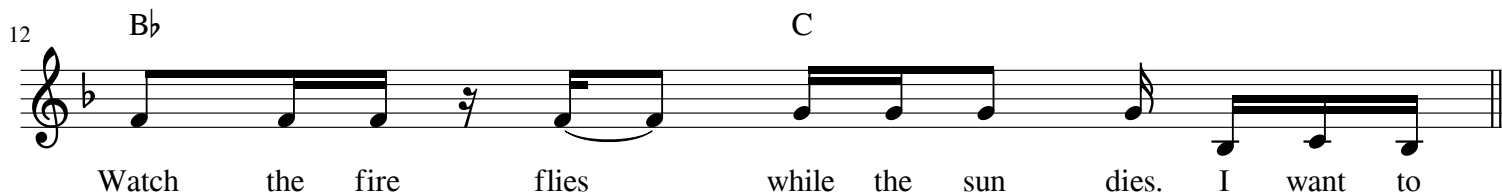


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12 B $\flat$  C



Watch the fire flies while the sun dies. I want to

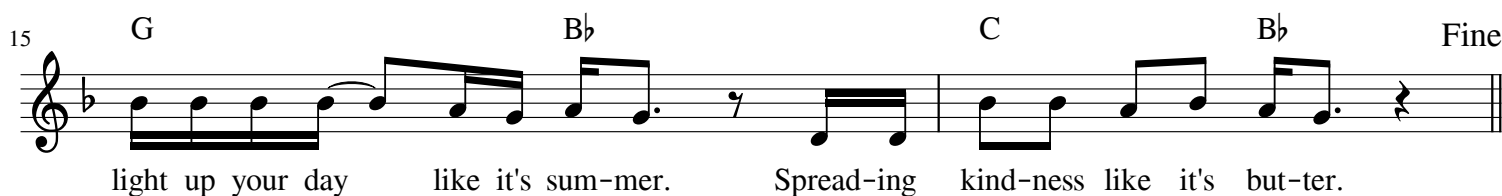
### Chorus

13 G B $\flat$  C B $\flat$



light up your day like it's sum-mer. Spread-ing kind-ness like it's but-ter. I want to

15 G B $\flat$  C B $\flat$  Fine



light up your day like it's sum-mer. Spread-ing kind-ness like it's but-ter.

### Bridge

17 G F Am C G F Am C



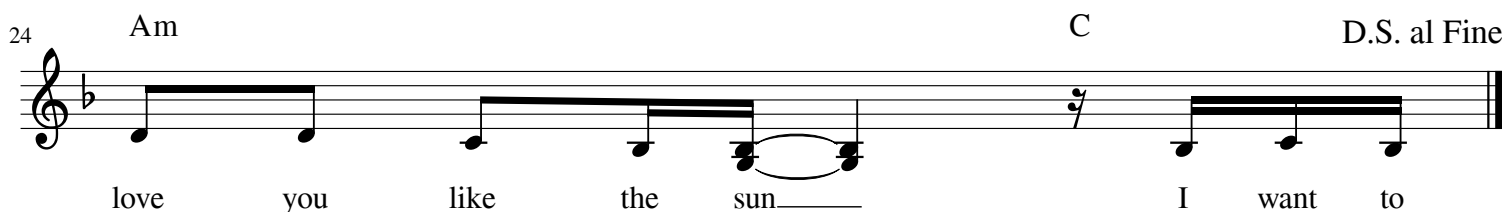
Oh oh oh ay oh!\_ Let's have some fun. Oh oh oh ay oh!\_ Friends and ev-er-y one\_

21 G F Am C G F



Oh oh oh ay oh!\_ Let's have some fun\_ Oh Oh oh ay oh\_ I

24 Am C D.S. al Fine



love you like the sun\_ I want to

## Iluminar Tu Día

### Coro

Quiero iluminar tu día como si fuera verano  
Esparcir la bondad como si fuera mantequilla x 4

### Verso 1

Quiero que sonrías, tan brillante como el sol  
Vienen las olas, así que comencemos la diversión

### Coro

### Verso 2

¿Por qué no vamos a la playa por las fogatas?  
Mirar las luciérnagas mientras el sol se apaga

### Coro

### Puente

Oh oh oh ay oh Vamos a pasar un buen rato  
Oh oh oh ay oh Amigos y todo el mundo  
Los amo como el sol

### Coro

# Looking for Answers (Individuality)


In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Students at Ridgewater College

Kashimana Ahua  
Composer in Residence  
©2019

$\text{♩} = 120$

Cm/G Gm Cm/G Gm C/G Gm B $\flat$  Gm/B $\flat$  E $\flat$  maj7




## Verse 1 (Spoken)

I'm a freshwoman just stepped into college  
We all come through these doors looking for a little knowledge  
Up until this stage everything I been through left me on edge  
I thought I knew the real me when I left my homestead  
Instead I find myself wondering will I find a new family  
Make some new friends that come with some new realities  
The truth is I don't know but I'm excited for the possibilities  
A new home away from home where I can grow in my individuality

Sing! (Hook 1. below)

## Hook 1, 2, 3


5 Cm/G Gm Cm/G Gm



Stepped out the car  
Felt all a-lone  
I'm fi-nal-ly here

Wanted to go home (This is  
Home a-way from home (I can do  
(A new chap -

7 Cm/G Gm B $\flat$  Gm/B $\flat$  E $\flat$  maj7



strange) Where am I?  
this) Who am I?  
ter) What happens now?

I've come so far  
The seeds are sown  
The vi-sion is clear

9 Cm/G Gm Cm/G Gm



Look-ing for an-swers. Who will I be?

11 Cm/G Gm B $\flat$  Gm/B $\flat$  E $\flat$  maj7 To Verse



Seek-ing the real me. In-di-vid-u-al-i-ty



## Verse 2

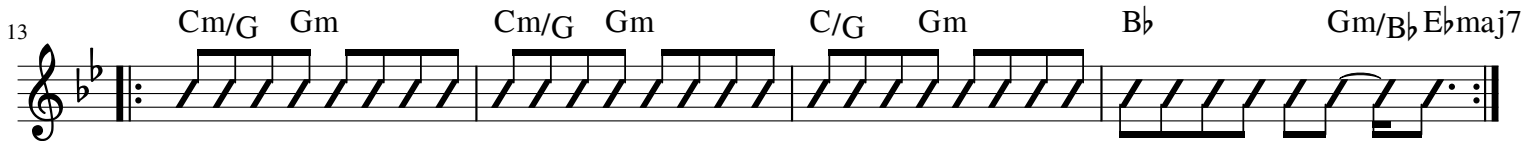
These are the days they say that I will treasure  
Finding my voice in between the unspoken measures  
I hope I can learn to balance the work and the pleasure  
The truth is no one knows for sure what are the careers of the future  
From Sophomore to Junior I'm the first generation to strive this high  
So I go hard even on my baddest days I rise above the lies  
Telling me I can't make it, but I'm authentic when I deny  
Those obstacles will fall before me dropping like flies

## Hook 2

## Verse 3

I'm a senior now and the feeling is so good it's outrageous  
My hard work is paying off and each goal leaves me contagious  
For success and facing each new challenge like a courageous  
Heroine in my own story, my name is synonymous with ambitious  
I'm looking forward, to that graduation line  
I got job offers, and I am not afraid to shine  
I got skills beyond the facts, and experience with time  
I'll give it my all, and have the guts to ask for what is mine

## Hook 3



## Coro

Salí del coche  
Crucé la puerta  
(Esto es extraño) ¿Dónde estoy?  
He llegado tan lejos  
Buscando respuestas  
De quien seré  
Buscando mi verdadero yo  
Individualidad

Me sentí completamente solo  
Quería ir a casa  
(Puedo hacer esto) ¿Quién soy yo?  
Las semillas son sembradas  
Buscando respuestas  
De quien seré  
Buscando mi verdadero yo  
Individualidad

Finalmente estoy aquí  
Hogar lejos del hogar  
(Un nuevo capítulo) ¿Qué pasa después?  
La visión es clara  
Encontrando las respuestas  
En quien me he convertido  
Amando a mi verdadero yo  
Individualidad

## Hooris

Gaarigaan kasoo degay  
Albaabkaan kasoo galay  
(Tani waa Cajiib) Xageen joogaa?  
Wado dheer baan soo maray  
Anigoo raadinayaa jawaabo  
Yaan noqon doonaa?  
Waxaan raadinayaa ruuxa dhabta een ahay?  
Shaqsi ahaan

Waxaan dareemay wehel la'aan  
Waxaan rabay inaan guriga aado  
(Waan qaban karaa tan) Yaan ahay aniga?  
Mirihi waa la abuuray  
Waxaan Raadinayaa jawaabo  
Yaan noqon doonaa?  
Waxaan raadinayaa ruuxa dhabta een ahay  
Shaqsi ahaan

Ugu danbeyn waxaan imid halkan  
Gurigaygii Labaad  
(Cutub cusub) Maxaa xiga oo dhacaya?  
Hadafku wuu cad yahay  
Waxaan helayaa Jawaabaha  
Ruuxa aan noqday  
Waxaan jeclahay ruuxa dhabta een ahay  
Shaqsi ahaan

# My Name is Sunshine

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Kashimana Ahua


Composer in Residence

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Participants at the Willmar Library Workshop

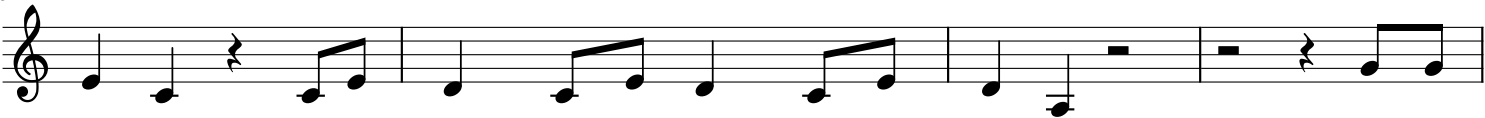
**Chorus** Playful ♩ = 120

G C Dm F G




My name is Sun-shine. I love snow more than sun - shine, I'm Sun-shine. My name is

C Dm F G **Verse**




Sun-shine. I love snow more than sun - shine, I'm Sun-shine. I've been

C Dm F




jump-ing on the leaves, run-ning through the trees, play-ing with my bun - ny rab - bit.  
try - ing not to stare, bit - ing at a chair, wait-ing like a launch-ing rock - et.

G C Dm



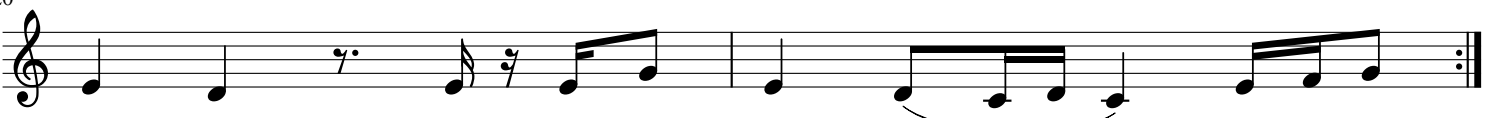
I've been nipp-ing at the snow, rac - ing as it falls, shak-ing off the flakes like a  
I've been gett-ing car-ried away, 'cause I love to play, tack - le with a lick you can't

F G C Dm




sa - vage. When I'm lone - ly I know I'm loved cause I got my fam -  
stop it. Left the boots though cause I know you can't go in snow -

F G



i - ly they make me hap - py. My name is  
with - out warm toes.

C Dm F G C



Sun-shine. I love snow more than sun - shine, I'm Sun-shine. My name is Sun-shine. I love



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27 **Dm** **F** **G**

snow more than sun - shine, I'm Sun - shine

**Bridge** 30 **C** **Dm** **F** **G**

Win - ter is my fav'r - ite sea - son

34 **C** **Dm** **F** **G**

Win - ter is my fav'r - ite sea - son

My name is

**Bridge + Chorus**

38 **C** **Dm** **F** **G**

Sun - shine. I love snow more than sun - shine, I'm Sun-shine. My name is

42 **C** **Dm** **F**

Win - ter is my fave' - rite sea - son Sun - shine. I love snow more than sun - shine, I'm Sun - shine.



# People Running in The Sun

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Lakeland Elementary 5th Graders

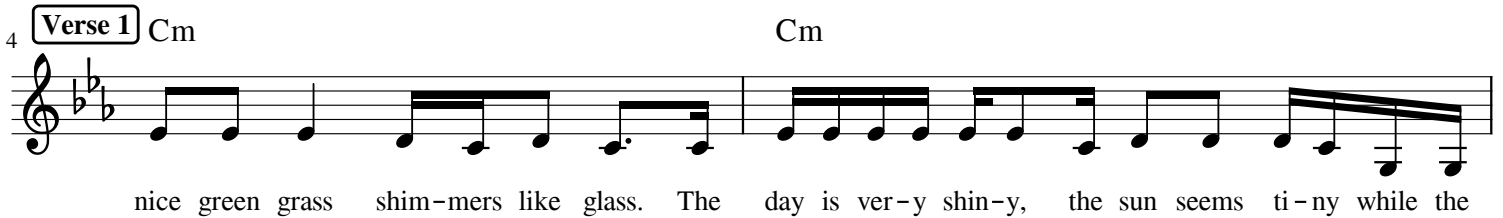
## Reggae Swing ♩ = 68

Cm Cm Cm



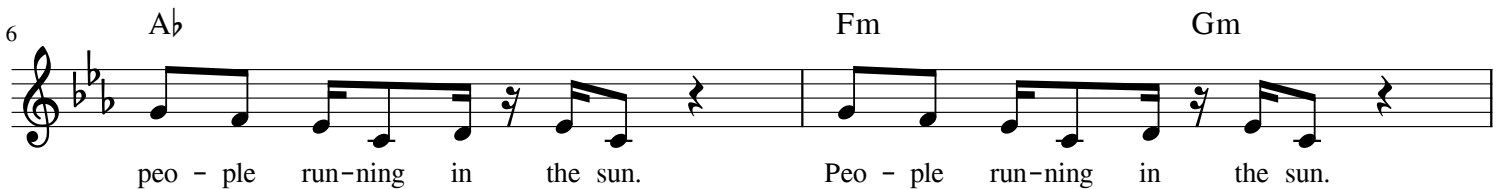
The

4 Verse 1 Cm Cm



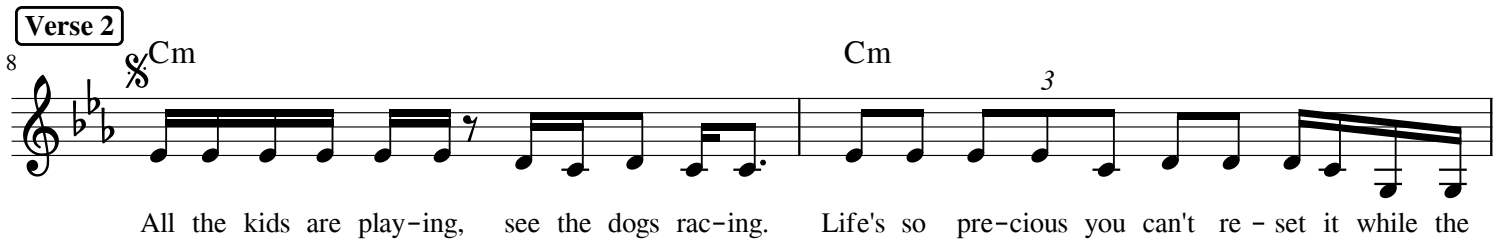
nice green grass shimmers like glass. The day is ver-y shin-y, the sun seems ti-ny while the

6 Ab Fm Gm



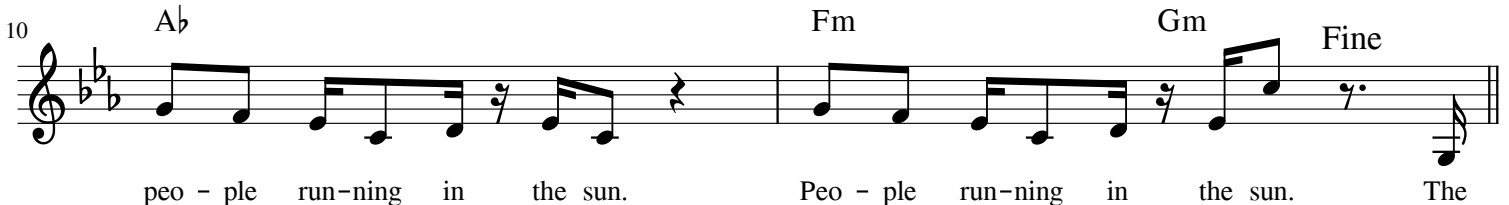
peo - ple run-ning in the sun. Peo - ple run-ning in the sun.

8 Verse 2 Cm Cm 3



All the kids are play-ing, see the dogs rac-ing. Life's so pre-cious you can't re - set it while the

10 Ab Fm Gm Fine



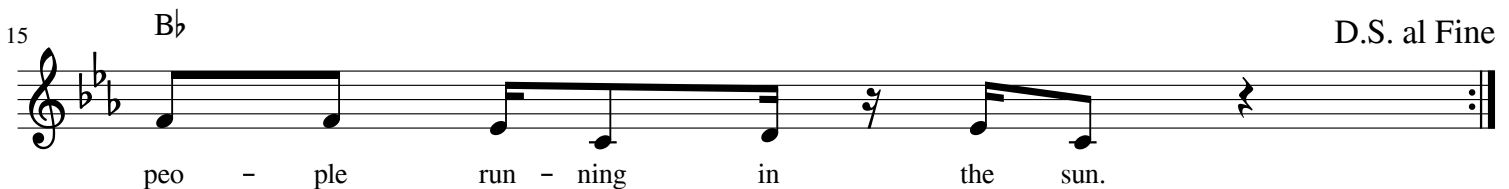
peo - ple run-ning in the sun. Peo - ple run-ning in the sun. The

12 Bridge Eb G Ab B



sun will go down, the day is end-ing now. To - night we will re - mem-ber we were

15 Bb D.S. al Fine



peo - ple run - ning in the sun.



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## Gente Corriendo Bajo el Sol

La agradable hierba verde

Reluce como el cristal

El día es muy brillante

El sol parece pequeño (mientras que la )

Gente corriendo bajo el sol x 2

Todos los niños están jugando

Ver las carreras de perros

La vida es tan preciosa

No puedes reiniciarla

Gente corriendo bajo el sol x 2

Puente

El sol se pondrá

El día está terminando ahora

Esta noche recordaremos que fuimos

Gente corriendo bajo el sol x 2

### **When We Meet on the Street**

Participants at "For The Love of Poetry" Open Mic

When We Meet on the Street

I see...

your Humanity

A friend

I walk past you

I smile

I say hello

Seek to see the pain in you

Speak the language of human

I don't think about it

Stop and talk and talk

I want...

to make a friend

share food

visit with you

share my culture

hear your story

sing a song

solve the problem

# Planting Seeds of Love

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Kashimana Ahua

Composer in Residence


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Calvary Lutheran Intergenerational Group

**Adagio** ♩ = 80

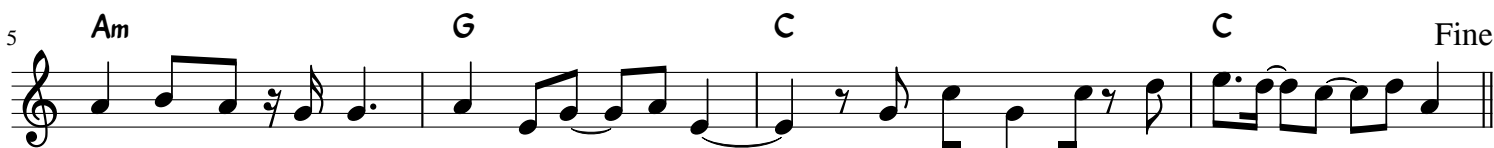
## Chorus

Am G C C



Would - n't you think that God's love\_ grows?\_ Just as much as God's\_ love\_ flows. We're


5 Am G C C Fine



plant - ing seeds of - love eve - ry where we go\_ then step - ping back to watch\_ it\_ grow.


## Verse

9 Dm Am




As O - ver the fields the seeds are sown, wait - ing for warmth and light.  
the earth re - veals the frag - ile sprouts, we'll nurture and tend the fields.

11 Em C



The rains to come, the breeze to blow, we are wait - ing for that  
Coming to - ge - ther is what it's a - bout Re - joic - ing in what the


13 Dm Am Em G



beau - ti - ful sight. Oh\_ Oh\_  
har - vest\_ yields Oh\_ Oh\_


## Bridge

17 Am7 E7 Dsus



Hate does not yield an - y life\_ Hate does not nour - ish the heart\_

22 Fadd9 E7 D.C. al Fine (E)



On - ly works of love\_ can thrive\_ long af - ter we de - part\_



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IN  
COMMON  
SHARING STORIES

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Abuurida Miraha Jacaylka

Hooris

Miyaadan ku fikirin in jacaylka Ilaahey uu koro

In le'eg sida jacaylka Ilaahey uu u qul-qulo

Waxaan beeraynaa jacaylka mirihiisa

Meel kastoon tagno

Kadibna aan dib uga joogsano si aan u daawano koritaankiisa

Baydka 1

Beerta dhexdeeda mirihii waa la beeray

Waxay sugayaan diiraamaad iyo iftiin

Inuu roobku yimaado Leydhuna ay ruxdo

Waxaan sugaynaa muuqaalkaa quruxda badan

Hooris

Baydka 2

Markuu dhulku muujiyo cakaarka jilicsan

Waanu dhaqaaleynaynaa waana xanaaneynaa beerta

Muhiimadu waa isku imaanshaheena

Inagoo ku faraxsan goosashada tacabkeena

Hooris

Isku-xidh

Naceybku ma keeno wax nolol ah

Naceybku ma nafaqeeyo qalbiga

Kaliya jaceylka ayaa natiijo yeesha

Muddo dheer nolosheena kadib

Hooris

Plantando semillas de amor

Coro

¿No creerías que el amor de Dios crece  
tanto como fluye?

Estamos plantando semillas de amor

A donde quiera que vamos

Luego retrocedemos para verlo crecer

# Sailing Sailing

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Kashimana Ahua


Composer in Residence

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Roosevelt and Lakeland Elementary 5th Graders

**Rocking ♩ = 126**

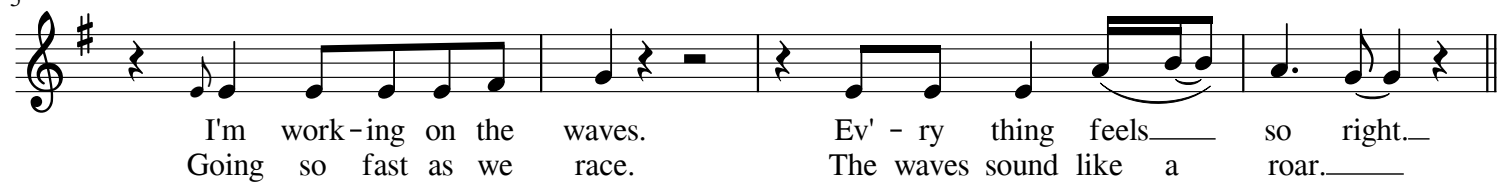
**Verse** Em G D A Em G D A



Air Blow - ing in my face.  
Fish swim - ming as we sail.

The sun's burn - ing bright.\_\_\_\_\_  
Hav - ing a pic - nic and more.\_\_\_\_

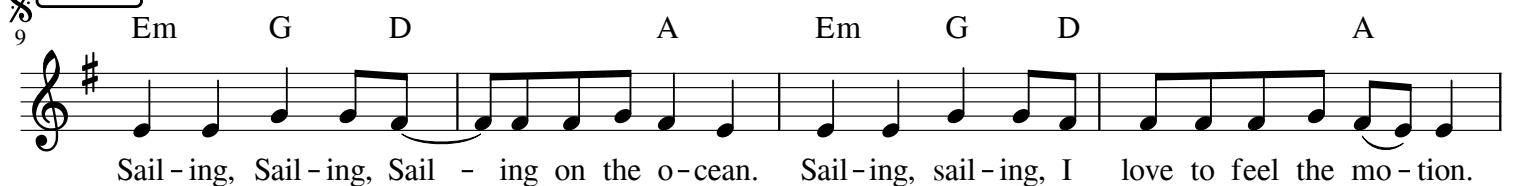
5 Em G D A Em G D A



I'm work - ing on the waves.  
Going so fast as we race.


Ev' - ry thing feels\_\_\_\_ so right.\_\_\_\_  
The waves sound like a roar.\_\_\_\_

**Chorus** 9 Em G D A Em G D A



Sail - ing, Sail - ing, Sail - ing on the o - cean. Sail - ing, sail - ing, I love to feel the mo - tion.

13 Em G D A Em G D A Fine



Sail - ing, sail - ing, Sail - ing on the o - cean. Sail - ing, sail - ing I love to feel the mo - tion.

**Bridge** 17 C G



Will - mar is my o - cean.\_\_\_\_

Lakes in ev' - ry di - rect - tion.

21 D A D.S. al Fine



I want to sail as far\_\_\_\_

as the eye can see.\_\_\_\_



# Seasons

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Kashimana Ahua

Composer in Residence

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Kennedy Elementary 5th Graders

Ballad ♩ = 78

Intro

Chords: G, Cm(b6)/G, A7/G, Cm(b6)/G

Verse

3

Chords: G, Cm(b6)/G, A7/G, Cm(b6)/G

This is Win - ter, when the snow falls I sleep.  
This is Sum - mer, when the mos - qui - tos bite.

5

Chords: G, Cm(b6)/G, A7/G, Cm(b6)/G

When I wake, the snow's ten feet deep.  
When the fire - flies fly high in the sky.

7

Chords: G, Cm(b6)/G, A7/G, Cm(b6)/G

This is Spring, when the flow - ers bloom.  
This is Fall, when the leaves fall.

9

Chords: G, Cm(b6)/G, A7/G, Cm(b6)/G

When it rains the flow - ers aren't in pain  
Chang - ing col - ors and mak - ing me smile

Chorus

11

Chords: G, GmMaj7(#11)

We feel the sea - sons chang - ing in the air through the for - est floor..

13

Chords: Am7, C, F(add9)

The birds, deer and bees re - ar - rang - ing. So much beau - ty out - side ev' - ry door.



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15

Breathe, the sea-sons chang - ing. Just Breathe, a new day is

21

com - ing.

### Xilliyada

#### Baydka 1

Kani waa Jiilaal waan hurdaa markuu barafku soo da'o  
Markaan soo tooso, Dhulka Baraf tobon fiit ah baa yaala  
Kani waa gu', waa marka ubaxyadu soo baxaan  
Markuu roobku da'o ubaxyadu ma rafaadsana

#### Hooris

Hawada dhexdeedaan ka dareenaa isbadelka xilliyada,  
Kaymaha dhexdooda, waxaa dib isumuujinaya  
shimbirihii, deeraadii iyo dubbayashii  
Maxaa qurux ka muuqata banaanka albaab walba  
Nafis oo Naso, xilliyada wakhtigu way is badalayaan  
Nafis oo Naso, maalin cusub ayaa soo socota

#### Baydka 2

Kani waa Xagaa, Marka ay kaneeccooyinku wax qaniinaan  
Marka gaara bidhaankuna hawada uu duulayo  
Kani waa Dayr, marka caleenta dhirtu daadato  
Midabadu is badalayaan kuwaas oo igu abuura dhoola cadeyn

#### Hooris

Hawada dhexdeedaan ka dareenaa isbadelka xilliyada,  
Kaymaha dhexdooda, waxaa dib isumuujinaya  
shimbirihii, deeraadii iyo dubbayashii  
Maxaa qurux ka muuqata banaanka albaab walba  
Nafis oo Naso, xilliyada wakhtigu way is badalayaan  
Nafis oo Naso, maalin cusub ayaa soo socota

### Estaciones

#### Verso 1

Esto es invierno, cuando la nieve cae yo duermo  
Cuando despierto, la nieve tiene diez pies de profundidad  
Esta es la primavera, cuando las flores florecen  
Cuando llueve, las flores ya no están adoloridas

#### Coro

Sentimos las estaciones cambiando  
En el aire, a través del suelo del bosque  
El pájaro, el ciervo y el oso reubicándose  
Tal belleza afuera de cada puerta  
Sólo respira, Las estaciones están cambiando  
Sólo respira, Un nuevo día se esta acercando

#### Verso 2

Esto es verano, cuando los mosquitos pican  
Cuando las luciérnagas vuelan alto en el cielo  
Esto es otoño, cuando las hojas caen  
Cambiando de color y haciéndome sonreír

#### Coro

Sentimos las estaciones cambiando  
En el aire, a través del suelo del bosque  
El pájaro, el ciervo y el oso reubicándose  
Tal belleza afuera de cada puerta  
Sólo respira, Las estaciones están cambiando  
Sólo respira, Un nuevo día se esta acercando



# Shining Stars

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Kashimana Ahua

Composer in Residence

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Roosevelt Elementary 5th Graders

## Slow Ballad ♩ = 60

8 Cm Eb/Bb

5 Verse Cm Eb/Bb

Twink - lin' and shin - ing, danc - ing with the moon  
Ris - ing and fall - ing, down from my safe hav - en

9 Cm Eb/Bb

Look - ing through a win - dow, the wind - ow in my room  
Far off in the dis - tance I al - most see the rav - ens

13 Cm Eb/Gb Ab

One day I'll get there, my head in the clouds  
One day I'll get there, I'm clos - er to the ground

17 Cm Eb

I'm on my way up there. Mak - ing you proud.  
Sprout - ing wings that soar. Wear - ing my crown.

21 Chorus Bb Cm

The stars are shin - ing for me. The stars are a - lign - ing for me.

25 Eb Bb Cm

I'm fi - nal - ly here, hap - py as can be. Hap - py as can be.



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### Estrellas Brillantes

Coro

Las estrellas están brillando para mí

Las estrellas se están alineando para mí

Finalmente estoy aquí, tan feliz como se puede ser,

tan feliz como se puede ser

### Xidigaha Iftiimaya

Hooris

Xidigaha ayaa ii iftiimaya

Xidigaha isugu key aaday

Ugu danbeyn waan imid halkan anigoo u faraxsansan sida ugu faraxad badan,

anigoo u faraxsansan sida ugu faraxad badan

# Still the Same

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

Willmar Senior High School - The Choralaires

Kashimana Ahua  
Composer in Residence  
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Hip Hop ♩ = 131

How ma-ny times you'd go—back to him. Wast-ing your time and all that ex - tra

crap... Meet-ing the girls that he chose o - ver you. Cause

all of his friends were al-ways ly - ing too... Craz-y how mom-ma said boys were no

good. Doub-ling up girls just for fun. In the end, them boys— nev - er

won. Cause fe - males al - ways come up num - ber one... Yuh!

I re - mem-ber the day when you left me in pain I

still took you back hop - ing things would change, but you



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23 E♭ Fm A♭ Cm

still the same, you threw the flame. But Nah You still the same.

27 E♭ Fm

You still the same.---

*Rap*  
*Yeh boy, you still the same*  
*be putting your girl, all through pain*  
*You be acting like you ain't got no brain*  
*Every time she cries, she leaves stains*  
*But nah, you still the same, you still the same*  
*but nah, you still the same*

29 A♭ Cm E♭ Fm Chorus A♭ Cm

I re - mem-ber the day when you left me in pain I

34 3

still took you back hop - ing things would change, but you

35 E♭ Fm A♭ Cm

still the same, you threw the flame. But Nah You still the same.

39 E♭ Fm

You still the same.---

# Stop the Snow

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Gospel ♩ = 125

**Verse**

Car ac - ci - dents ev' - ry - where. I'm sick of bliz - zards  
Will this win - ter ev - er end? Af - ter five months of

here and there. Snow storms are get - ting old. Too  
ice and snow. The snow is not my friend but I

cold, for school, can't go out - side. Please can we  
wish we knew how to end the snow.

**Chorus**

just stop?! Stop the snow! Please can we, just stop!

Stop the snow! Please can we, just Stop!

Stop the snow. Please can we just stop with the snow?!



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## **Take Me Home to Minne-Soda - (Rap/Spoken Word)**

Calvary Lutheran Intergenerational Group

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We're from Minnesota where winter comes to vacation  
We're kinda passive aggressive but it's not our fault we're Norwegian  
Let's go make some lefse or Lutefisk tastes better with sugar!  
We call it pop not soda but take me home to Minne-soda

We have a lot of lakes way more than 10,000  
So many it seems like we live on big islands  
You don't have to go far to get in cold water  
We call it pop not soda but take me home to Minne-soda

We call it hotdish not casserole  
If you call it anything else you won't get a bowl  
The beauty sparkles brighter in Willmar  
So pop on over to chat and shout and take me home to Minne-soda

Most of us go fishing on the ice  
Swimming in lakes when its nice  
Some beneath the ice to do a fundraiser  
Cause people care for one another in my sweet home Minne-soda



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# Tear It Up

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Participants of Willmar Library Workshop

**Intro** **Moderato**  
A/C#

B E

Ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo ooo

**Verse**  
A/C# B

5 You're al - ways told to be\_ some way\_ What to do\_ and  
Put mis - takes be - hind you at last\_ To - day's the day,

8 E

what\_ to say\_  
learn from the past.

9 A/C#

Ex - plore the world\_ you live in it now\_  
De - fy ex - pect - ta - tions of who you should be.

11 B E

En - gage in the life be in - spired some how.  
Break down the walls, you have so much to give\_

**Pre-chorus**  
A/C# B E

13 Rules are rules but who de-cides? when it does-n't feel right you can't hide.

17 A/C# B E

The time is now! The time is now\_ ooo ooo ooo ooo Tear it



**Chorus**



21 A B E

up, break it up, start a - new. Turn it up, shake it loose, Dance for you. Tear it

**1. Repeat Chorus Each Time**

25 A/C# B E

up, live it day by by day, light up the way and tear it up up up up up! (Tear it)

**2. Fine Bridge**

29 E Fine F#m A

up up up up up! Li-sten to my voice feel the joy and hon-es-ty, I'll speak my mind and

33 C#m B D.S. al Fine

chase down my dreams. Time's mov-ing on and I've got to be Brave. Tear it

Coro  
 Rásgalo, rómpelo empieza de nuevo  
 Súbele, sacúdete, baila para mí.  
 Rásgalo, vive el día  
 Rásgalo, ilumina mi camino  
 Rásgalo



# The Other Side of Fear

The In Common-Willmar project was coordinated by the American Composers Forum with funds from Otto Bremer Trust.

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'Meet Your Neighbors' at The Goodness Coffee House

## Driving Rock ♩ = 100

### Verse

C E Am



Breath - less in the dark through parts un-known in a room full of peo - ple but  
The smoke is lift - ing there's space to breathe. I see oth - ers and

4 F C E



all a - lone... Par - a - lyzed but try - ing to see the light.  
they see me... The fear is a part of me but not my whole.


7 Dsus4 F



Spin - ning out of my fro - zen bod - y and hold - ing on tight.  
Time to let my spir - it take con - trol.

### Chorus

9 Am F C G



*f* Em - brac - ing my fear, I'm find - ing my pow - er.


13 Am F C G Fine



Carv - ing my soul, reach - ing for the oth - er side of fear.

### Bridge

17 F C G Am AmEm




I'm mak - ing a dis - cov - er - y of the fight - er in - side of me.



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21 F C B $\flat$  G D.S. al Fine



I'm mak-ing a re-cov-er ry, I'm a sur-vi-vor break-ing free.

El otro lado del miedo  
(Evento “Conoce a tus vecinos”  
– Sesión “Superando tu miedo”)

Verso 1

Sin aliento en la oscuridad a través de lugares desconocidos  
 en una habitación llena de gente, pero solo  
 Paralizado, pero tratando de ver la luz  
 Saliendo de mi cuerpo congelado y manteniéndome apretado

Coro

Abrazando mi miedo  
Estoy encontrando mi poder  
Tallando mi alma  
alcanzando el otro lado del miedo

Verso 2

El humo se está levantando, hay espacio para respirar  
Veo a otros y ellos me ven a mí  
El miedo es parte de mí, pero no de mi totalidad  
Es hora de dejar que mi espíritu tome el control

Coro

Puente  
Estoy haciendo un descubrimiento  
del luchador dentro de mi  
Estoy recuperándome  
Soy un sobreviviente liberándome  
Coro

## Dhinaca kale ee Cabsida

(La kulan Deriskaaga kulanka qaxwaha  
- Kulanka inaad ka gudubto cabsidaada)

Beydka1

Neeftoo kugu dhagan meel mugdi oo aadan aqoon  
Qol dad badani joogaan hadana wehel la'aan ah  
Dhaqaaqi karin balse isku dayaya in aad aragto iftiinka  
Kasoo dhex baxaya jidhkeygan qabow hadana si adag ugu dhagan

Hooris

Waxaan Wajahaya cabsideyda  
Waxaan helayaa Awoodeyda  
Waxaan qaabaynayaa Nafteyda  
Anigoo u talaabaya dhinaca kale ee Cabsida

## Beydka 2

Ceeryaamadii way dhamaaneysaa, meel lagu neefsadaa la helay  
 Waan arkaa dadka kale, iyaguna way i arkaan  
 Cabsidu waa qeyb iga mid ah laakiin maaha ani idilkey  
 Waa xiligii aan u ogalaan lahaa ruuxdaydu iney taliso

Hooris

Isku-xidh

Marar ka qaar waxaa tan badan cabsida  
marka wicitaanka caawimaad uu u muuqdo mid aan wax laga qaban  
Hooris

IN  
CO —

*One finger cannot  
wash the face.*

*Faar kali aah fool ma  
dhaqdo.*

— MM  
ON

# Together Forever

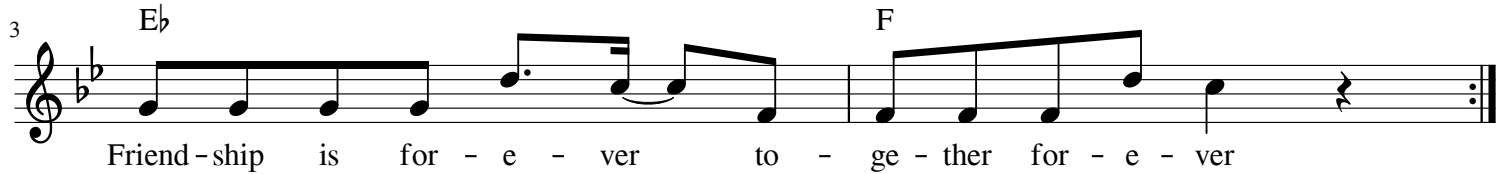
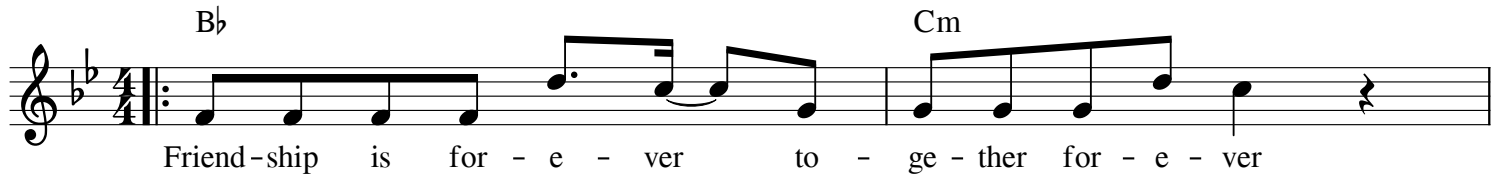
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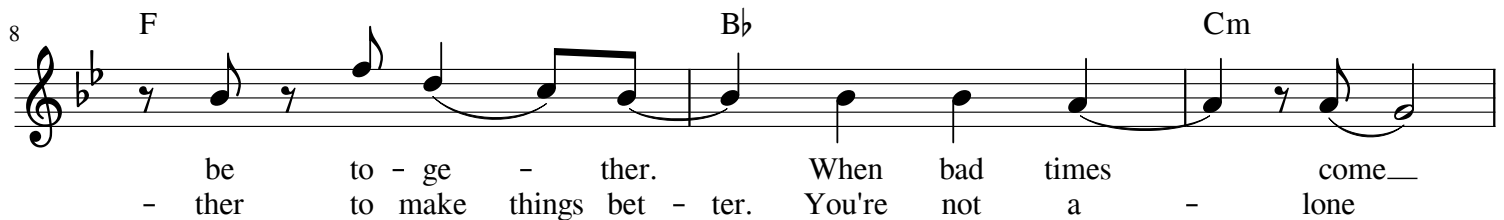
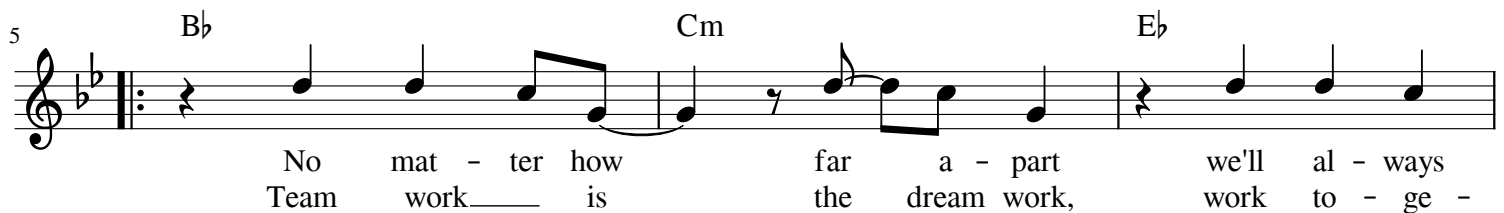
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*After last chorus whispered: Together Forever*



## Wada jir Abid ah

Si kastoon u kala fog nahay

Had iyo jeer waynu wada jiri doona

Marka xaaladu xun tahay

Had iyo jeer waynu wada farxi doonaa

Saaxiibtinimadu waa Abid

Wadajir Abid ah

## Juntos para siempre

No importa que tan lejos

Siempre estaremos juntos

Cuando los malos tiempos vienen

Siempre nos divertiremos

La amistad es para siempre

Juntos para siempre



Wada shaqeyntu waa himiladeena  
Waligeenba weynu isla shaqeyn  
Wehel la'aaan ma tihid  
Maxaa yeelay waynu wadajiraynaa abid  
Saaxiibnimadu Waa Abid  
Wadajir Abid ah  
(Wadajir Abid ah )

El trabajo en equipo es trabajo soñado  
Trabajar juntos para mejorar las cosas  
No estás solo  
Porque estamos juntos por siempre  
La amistad es para siempre  
Juntos para siempre  
( Juntos para siempre)

# Vroom! Vroom! Here We Go!

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Kennedy and Lakeland Elementary 5th Graders

Sassy ♩ = 116

## Chorus

1 D G A

Vroom Vroom here we go! Down the road to the stu - di - o

3 D G A Fine

Vroom Vroom here we go! Down the road to the stu - di - o!

## Verse 1

5 D G A

Driv - ing fast, tunes are high. Peo - ple wave as we drive by

7 D G A 3

Feel - ing the beat as I'm tap - ping my feet. Tak - ing it to the max as we leave our tracks

## Chorus

9 D G A

Vroom Vroom here we go! Down the road to the stu - di - o

11 D G A

Vroom! Vroom! Here we go! Down the road to the stu - di - o! This

## Verse 2

13 D G A

car is blue, that car is white! but my car is in my sight to - night, feel

15 D G A

oh so real as my ti - res squeal! Check out my grill, I'm a big deal!



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IN  
COMMON  
SHARING STORIES

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**Chorus**

17

D G A

Vroom! Vroom! Here we go! Down the road to the stu - di - o!

19

D G A

Vroom! Vroom! Here we go! Down the road to the stu - di - o! Oh\_\_\_

**Bridge**

21

F#m Bm G Bm A D.C. al Fine

I'm a sass Queen! Oh\_\_\_ I'm a sass Queen ye-ah!

# Where I Come From

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Composer in Residence  
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Students at Dream Technical Academy

Popping ♩ = 120

Em F#m Gmaj7 Em7 A7/G

I come from not e-nough mon-ey. Tip-toes down my self es-teem. I  
more small town than big cit-y and my vi-sion is world-wide. I

3 Em F#m Gmaj7 Em7 A7/G

come from ste-re-o-types that don't de-fine me, you don't know what I've seen. This  
come from dif-fi-cult times that did-n't break me, you don't know what I've sur-vived.

5 Em F#m Gmaj7 Em7 A7/G

weight is on my back like a dead bod-y. Don't have e-nough mon-ey to buy a bu-ga-tti. At

7 Em F#m Gmaj7 Em7 A7/G

least I got Jor-dans on my feet, you can't catch me!

**Chorus**

9 Em F#m Gmaj7 Em7 A7/G Em F#m Gmaj7 Em7 A7/G

Where I come from, I got things done.

13 Em F#m Gmaj7 Em7 A7/G Em F#m Gmaj7 Em7 A7/G

I raised my self. It was-n't fun. (but I stayed true to me!)  
I'm



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Hooris  
Meeshaan ka imid  
Danahayga waan qabsaday  
Anigaa nafteyda soo koriyay  
Ma dhib yareyn (balse waxaan ku sugnaaday hadafkeyga)

# SNIPPETS OF INSPIRATION



## **Living in an Electronic World**

Some people play Fortnite all night  
Others watch T.... V....  
But some live in the real world  
And this might be crazy  
But I want that, I want that to be me

Cause we're living in an electronic world  
Living in an electronic world  
All day every day  
Living in an electronic world

## **Jesus Lights The Way (Away in a Manger)**

The darkness is scary and won't go away  
And so we are fearful everyday  
We're waiting for Jesus to light up the day  
And turn it to brightness to show us the way

## **Remembering Someone You Lost**

Every night I lie in bed  
I see a picture of you and me in my head  
You fly into my dreams and shine in every reflection  
I can't see every detail but I remember the emotions

They say sorry for your loss  
That time will fade the pain  
Of remembering someone you lost  
Remembering someone you lost

## **Alone Every Day**

I'm alone everyday  
And I wish I knew why I'm alone everyday

Verse 1: No one notices I'm here  
I'm feeling sad  
Here at school, people walk around me  
I'm feeling bad

Chorus: I cannot continue with no one here  
I feel mad

## **My Regular Christmas**

Chorus  
No Alarms on Christmas day  
Have to tiptoe all the way  
Want to shout but can only say  
Hip hip hooray now let's go out and play

## **Verse 1**

Look at all the presents underneath the tree  
Can't wait to see what's there for me  
See your family rip the papers from everyone  
The morning of my regular Christmas has just begun

## **Light of the World**

I may be strange but don't treat me like a stranger  
Treat me like baby Jesus in a Manger  
The light of the world

A light shining in the darkness of the world  
Don't feel like we are in the dark all the time  
The Light of the world is safe and inviting  
Somebody new to talk to each time  
Connecting is God's doing

Light leads your path  
All are welcome  
Where there is welcome there is light

## **Waiting to go home**

The anticipation is like constipation  
Waiting for crap to happen  
It'll always be the same dang thing  
Waiting to go home  
Take me home to Minne-soda

### **I'm Fine**

It hits me like a train  
sometimes at night, sometimes in the middle of the day  
it's like a needle pressing through my brain  
with words of self hatred and doubt

people say I act only this way for attention  
People refuse to believe I have this life threatening  
disorder  
because there's always a smile on my face  
but in my mind and heart, i fell a black hole sucking  
every ounce of joy and happiness I have ever felt

There are times when I hold back the stinging tears in  
my eyes,  
People ask, "are you okay?" and I always respond,  
"I'm fine"  
My response has been engraved on my darkened mind.  
So if anyone asks I am always fine, so please don't ask  
because the ands we will always be, "I'm fine".

### **Food is Life**

All we eat is food food food no matter what

Dairy queens, blizzards I can never get enough  
Taco johns, potato oles  
Pizza ranch, cheese pizza I eat it everyday  
Perkins fluffy pancakes with syrup everyday

Arby's we have the meats for samwich  
Green mill buffalo wings  
McDonalds, french fries and all the things

Food is life  
We have it everyday  
Food is life  
In Willmar Today

### **Surprise!**

Come to a poetry reading, she said  
Saying anymore would trigger my dread  
I get here and am told to write  
How in the world will I control my fright?

### **Food is Wonderful**

Ooh Food is so wonderful  
Ooh Food makes me happy  
Ooh please make it snappy

#### **Verse 1**

There's Pizza, chip, beans and burgers  
Tacos, soda, popcorn, bread s'mores and more

Ooh Food is so wonderful  
Ooh Food makes me happy  
Ooh please make it snappy

### **Food Fighters**

Chorus  
Food fighters  
Food fighters  
Everyone love the food fighters

There are many superheroes  
Here are some we would like to tell you about  
Super Potato Man, Lemon Man  
Hades Man, Cupcake girl and carrot man

#### **Chorus**

The punisher evil radish  
Everyone left them and no one cares about them  
And they plan to take away people's memory

### **Food Mood**

I wake up in the morning  
And I feel like peanut butter jelly  
Then at lunch I eat some Lunchables  
Then at dinner I feel thinner so  
I have to eat quicker but dessert  
Time I eat better butter

### **Together We Go**

Together we go!  
Somewhere we don't know  
Where ever we go  
We always stick together

We travel the world to get food  
First we go to Canada to get some maple syrup  
Then to Europe for some spaghetti  
Then we go to Candyland  
Hogwarts in our minds

### **Bananas**

Chorus  
Bananas we all love them  
Bananas no one hates them

#### Verse 1

They are healthy for you  
Potassium is the vitamin for you  
It's yellow, it's tasty  
It's yummy not pasty  
We all love bananas

### **Light the fire**

Da fire burn out  
But the fire still alive

Wake up in the morning feeling like desert  
Brush my teeth with crest toothpaste  
Take out my floss and floss while I'm flossing

#### Chorus

It's everyday bro with da new chicken flow  
We got that furnace at a Walmart Light the fire!

### **Feelings are good**

I sing to myself when I'm sad or happy  
I sing to my friends when I'm feeling funny  
I like it when my big brother sings  
I sing quiet to love songs and loud for rap songs

When I sing I have feelings  
Feelings are good a a a  
Feelings are good a a a  
Feelings do not go away a a a  
Something you feeel....good

### **Feeling on Air**

I was feeling sad until I found my family  
I left them for love so fragile  
Makes me feel so fragile

Love is a wildfire  
A broken heart needs to be lit once  
Just let it take control  
Love is a wildfire  
Burning through my body  
I let it take control

Loves burning in my soul  
Flowing through my body  
Taking control  
The more you show it  
The more it spreads

Love is like a wildfire burning through my soul  
Together we make it whole  
Sometimes love turns to ashes  
When love breaks your heart  
But a broken heart once lit can blaze again

Love is burning through my soul  
Flowing through my body  
Taking control  
The more you show it The brighter it glows  
I just want to let it flow

#### Chorus

Love is a wildfire  
Taking me higher x 2

### **Willmar Wonderland**

Willmar is our hometown and we love it  
Especially when Winter falls from the sky  
We call it a Willmar Wonderland

Quick put on your gear  
Before the snow disappears  
Make a snowman before Recess is done  
Now I fear the fun is over  
Back to class now  
We're waiting, waiting, waiting

chorus

Now I fear  
Summers near  
The freezing cold and the slippery slides  
The people skiing down mountain sides  
As the snow disappears  
Here comes our biggest fear  
Waiting waiting waiting  
Winter is falling from the sky  
Waiting waiting waiting

chorus

### **Willmar is our hometown**

Chorus  
Willmar is our hometown  
This is what we like  
This is what we like  
This is what we like (repeat chorus)

The freezing cold and the slippery slides  
The people skiing down mountain sides

Chorus

The melting summer brings lemonade stands  
In the Spring it blooms an ice pop burning away the  
heat  
I love Willmar cuz the wifi and fortnite all night  
Plus sometimes no school night  
I also love the cold and freezing snow

### **Willmar Lakes**

We're having fun by the Willmar Lakes  
Looking around and swaying with the waves  
We splish and we splash with the glistening dash

Can't you see the seaweed reflecting with the sun  
White galls sparkling as they run  
We splish and we splash with the glistening dash

Swaying with the loons in the lagoon  
At night we hope to reach the moon

### **Skydiving**

Once upon a time there was 2 friends  
And the one wanted to go skydiving  
But the one was really scared  
And didn't want to go  
But either way she pulled his parachute  
And he went down anyways  
See the lady was fine  
But the guy broke his spine

Refrain  
In the plane  
I don't want to go  
Off the plane  
I say no no  
No more plane  
Cause I hit a crow

### **Driving Around Willmar**

Feeling the beat  
Tapping my feet  
Warm in my seat  
Listening to the lyrics  
And I feel relaxed  
Taking it to the max

**Animals Playing Sports (Funny song)**

Tatata

Funny Bunny Playing tennis -Ta ta ta

Donkey Playing Soccer -Ta ta ta

Funky Monkey Puppy Dunking - Ta ta ta

Guppy fishy playing in the snow - Ta ta ta

Leopard making a touchdown -Ta ta ta ta ta ta

**The Love Song (Duet)**

Every now and then I get a little bit lonely

But then I met a girl and we grew happy

I asked her to marry me one Saturday night

That was the beginning of my life

Every now and then I get a little bit lonely

But then I met a boy and he made me happy

He asked me to marry him and I said yes

Love love love, we're finally together

Love love love, finally together

**Best time ever**

I'm going to the beach

I can go swimming

It is so sunny and so bright

So many people go there to have some fun

Come along with me to the beach

So you'll have the best time of your life

Let's have fun with you and me

Best time ever of my life

Come along with me to the beach

So you'll have the best time of your life

And have a party

Have fun sing with me

Come along it's going to be the best day ever

Come along with me to the beach

So you'll have the best time of your life

**Nobody's Perfect**

Nobody's perfect

In life we make mistakes

But at least we try

And we're all perfect in our own way

In Life we make mistakes

But at least we try

Sometimes in life

I want to cry

But nobody's perfect

And that's no lie

**Becoming a Winner**

Be the champion ya ya ya

Accomplish your goal ya ya ya

Work together ya ya ya

Stick together ya ya ya

I'm becoming a winner

And I work hard for my dinner

I practice every day

It feels great to get the boom boom boom

**One Night Playing Fortnite**

One Night playing fortnite

I ran into sparkles the cat

He was a black knight

Playing fortnite

**Greatest Game**

Baseballs fun and all, basketballs also fall

Dancing in France or in the UK babe

Football is a ball, going for the touchdown ya!

Hockey has a stick, you shoot the puck

Cricket, takes a the ticket you go back and forth

Playing these games together

Is the greatest game of all

### **Out of Ideas (a conversation?)**

Close the door - No!  
Why? - I don't know  
Don't come back plz  
Yeet oh oh yeet! Please  
Invite me in - I feel left out  
No school

I'm not here - Okay bye  
Hit or miss - Miss?  
No bye - Okay  
Waiting, forever, for you to leave - No you leave!  
No you x2 - No you x3  
No! You! Leave -No Me!  
Leave please - Ok

Why? - I don't understand, I don't! I don't.  
I want to listen to music  
No you but leave now - Let go to me  
I am hungry, hungry hungry -For?  
Attention

Frozen Legs, - stupid, what?  
He should have lost - Stop!  
Shut up - Ok  
Let me in!- I prefer being out of group  
Is this The End?  
Am I in or out with your love?

### **Earth Day Song**

I'm in, the nature  
on this earth day  
we love our, trees and parks  
all this nature

everybody gather round  
sing a song  
sing a song of healing  
sing a song of love for the earth  
sing a song of joy

It doesn't matter where you come from  
who are your people  
sing a song of joy

### **Other Titles and Ideas - yours to explore!**

It's life  
Drumming to my own beat  
Laughter from within  
Song for Today  
My Baby and Me  
I always wanted to write a song about my daughter  
An outward expression of inward emotion  
A release of feeling  
penmanship is not my strength  
Traveling  
Superheroes  
Dogs, cats, kisses and hugs  
Sharing a compliment  
A million dreams  
Emotions and Depression  
Timelines  
Donald Trump  
People/Family members  
Rockstar  
Being the bad guy  
So fragile  
Hate you give  
racism  
vampires  
default dance  
skull trooper  
living your life  
loneliness  
how I know you - not in my life - I seen you before  
colors  
Warping - light speed  
dark and evil  
we are full of light and happiness  
Trauma - Abuse  
Lost memories  
Everything you have  
Pushing yourself  
You can try to break me down  
Make it through  
Everyone is born with wings - you just have to learn  
how to use them  
The Bully  
Listen First